

Dear Tenants..

The upcoming Spring Break and Easter Holidays may bring family and friends to Florida for a welcome break from winter weather. If you find yourself in charge of entertaining these folks, remember our ticket discount site, TicketsAtWork.com, and use promo code 100NORTH when making your purchase. You will find great ticket deals for Busch Gardens, Disney World, Universal Studios, Islands of Adventure and Lowry Park Zoo. Tickets to The Florida Aquarium are discounted 30% when purchased at my desk in the lobby weekdays, 8am to 4pm. Come see me!

A reminder that the entrance to our garage is on Washington Street, a public, one-way WEST bound street. Cars may NOT enter from Ashley Drive without risk of accident or traffic citation. Please be mindful of this and contribute to the safety of all who park in our garage.

Next time you see Paul Baker, Chief Engineer at 100 North Tampa, congratulate him on being the #1 Engineer in Florida for DTZ Legacy Cushman & Wakefield. He and his team of five work tirelessly to keep our air perfectly conditioned, the lights always on, and all systems functioning smoothly. Paul has been with us since 2007. He is simply the best at what he does. Thank you for giving him your appreciation.

Vicki Mitzel

Concierge | Cushman & Wakefield









Building Hours: Monday-Friday 7am to 7pm Special access is required on Saturday & Sunday. **WELCOME WEATHERFORD PARTNERS**

Will Weatherford and his two brothers, Sam and Drew, launched their investment and consulting business — Weatherford Partners — at the beginning of 2013 and have recently relocated to 100 North Tampa, Suite 2320.

About Weatherford Partners: With deep roots in Florida and a strong global network, our firm partners with owners and management teams of high integrity to build great businesses through the provision of capital and strategic business advisory services. We combine extensive investment, consulting, and political experience with our strong network of relationships and local market knowledge to help our clients achieve their corporate objectives.

Website: weatherfordpartners.com

For more information please emails us at: info@weatherfordpartners.com



FESTIVAL

The annual Busch Gardens Food & Wine Festival returns this spring featuring sensational new culinary creations including a menu of more than 35 delectable dishes and an expanded lineup of more than 120 wines, craft brews and cocktails.

The Festival takes place on weekends beginning March 5 -Food&Wine April 24, from noon to 9 p.m. Plus, raise your glass to live concerts at 6 p.m. on Gwazi Field:

SATURDAY:

March 5: Coming soon! March 12: Goo Goo Dolls March 19: George Thorogood March 26: Chino y Nacho **April 2:** Commodores April 9: Chris Young April 16: Meat Loaf April 23: Gente de Zona

March 6: Huey Lewis & The News March 13: O.A.R.

March 20: MercyMe March 27: Third Eye Blind **April 3:** Andy Grammer

April 10: The All-American Rejects

April 17: Lynyrd Skynyrd April 24: Jordin Sparks

The Festival is included with any pass, Fun Card or daily admission. Food and beverages are available at additional cost.

Visit TicketsAtWork.com and use promo code 100NORTH to make your ticket purchase.



PEARL JAM'S 2016 NORTH AMERICAN TOUR kicks off in Fort Lauderdale on April 8th, and will stop at Tampa's AMALIE Arena on April 11. Performing live for almost 25 years has resulted in ten studio albums and hundreds of bootleg releases with over 60 million albums sold worldwide.

Your Concierge has Chase Club seating for \$175. Tickets include all you can eat and full liquor, beer and wine bar. Seats have an unobstructed view of the 360 degree south end stage. This offer is limited. Call 221-7180 or email vicki.mitzel@cushwake.com SOON.

100 North Tampa Management Office Suite 2135, 813,221,7195

Senior Property Manager: Cal Buikema Sr. Chief Operating Engineer: Paul Baker

Property Manager: Venus Rodriguez Corporate Concierge: Vicki Mitzel

Director of Leasing: Phil Dinkins Office Assistant: Lizbeth Strother

Vicki Mitzel Corporate Concierge 221-7180 Main Lobby • 8am to 4pm • email: concierge@100nt.com

- HARTline & PSTA Bus Passes
- Floral Delivery
- Dining Reservations
- Hair & Nail appointments
- Catering Assistance

Fourth floor drop locker

- Notary Services
- Tickets: AMC & Carmike Movie Passes, Busch Gardens, Florida Aquarium, Sea World, Amalie Arena, Straz Center for the Performing Arts, Universal Studios, Disney World

Building Amenities

Conference Center • 221-7180 Suite 2140, available by the hour or week

Parking Garage Office • 222-1487 Level 4. Weekdays: 8 am to noon

www.suncountrycleaners.com Carwash by Ramos • 549-9036

Sun Country Cleaners • (727) 535-9930

Parking Garage Entrance Weekdays: 8 am to 5 pm www.carwashbyramos.com

YMCA • 222-1334 Lower level, 5:30 am to 7 pm

Gateway Newsstand • 228-0259 Parking Garage Lobby \bullet 7 am to 4:30 pm

Charlie's Shoeshine • 270-3968 Parking Garage Lobby, 9 am to 4 pm

100 NORTH NOTICES..

inistrative Professional the is April 27th. Show your appreciation aking your support people to lunch or sending flowers. Your cierge can help with either choice. Call Vicki, 221-7180.

Parking Garage managed by SP Plus 222-1487 • Rates: \$2.00 per 1/2 hour • \$20 daily max.

You're Invited.

to shop the shows that we bring to our building Conference Center, Suite 2140.

Ten percent of all sales are donated to the Foster Angel Tree Program that 100 North Tampa has supported since we opened in 1992.

MAR 10TH - 11AM TO 3PM CHAIR MASSAGE BY VEYA FIT

will be available for one dollar per minute. You may make an appointment through Your Concierge by calling 221-7180 or emailing Vicki.Mitzel@cushwake.com. Walk-in customers are welcome!

MAR 16TH - 10AM TO 2PM PREMIER DESIGN JEWELRY RETURNS TO 100 NORTH TAMPA!

All are invited to drop by and meet the area representative, Charity Chapman. She has classic and updated pieces for sale, as well as the ability to order from past and current catalogs.

Happy Anniversary...

22 YEARS -

MURNAGHAN & FERGUSON

14 YEARS -

MILLS PASKERT DIVERS

10 YEARS -

HELIOS EDUCATION FOUNDATION **DEITER CONSULTING GROUP**

7 YEARS -

SHI INTERNATIONAL

6 YEARS -

BAJO CUVA COHEN & TURKEL, P.A.

Music for Lunch...

MAIN LOBBY - 11:30AM TO 1:30PM ENJOY THE TALENT WE EMPLOY FOR YOUR LISTENING PLEASURE!

MAR 11TH

BORIS LEBEDINSKY, GUITAR

CAROLINE WETTERLUND, FLUTE & HARP

MARIA LAUDE, PIANO

APR 15TH

FRANK WEDER, PIANO

APR 22ND

CAROLINE WETTERLUND, PIANO

2016 BARK IN THE PARK

We invite you and your four-legged friends for our 29th Annual Bark in the Park. Start the celebration early by collecting donations for the Humane Society of Tampa Bay. Donations provide shelter, food, spay/neuter services, and medical care for thousands of animals that are relinquished to our shelter each year.

This wonderful event, voted as Tampa Bay's favorite fundraiser event by Tampa Bay Business Journal's Reader's Choice Awards, will take place right in the heart of downtown, at Cotanchobee Fort Brooke Park. We will have live music, food trucks, and beer. As always, attendees will enjoy vendors, dog costume contests, the doggy fun zone and, of course, our mile-long Walk for the Animals.

Start fundraising right here at 100 North Tampa by visiting some friends from 22squared who will be on hand March 4th to accept donations and tell you more about the upcoming Bark.

Then, get ready to walk, wag, and Bark in the Park on March 19th from 11am to 3pm at Cotanchobee Fort Brooke Park, between the Marriott Waterside Hotel and Tampa Bay History Center.

Visit humanesocietytampa.org for more information.

TRANSPORTATION FAIR IN THE LOBBY

Thursday, March 10 from 11:30am – 1:30pm One lucky person will win an annual Coast Bicycle membership!

Chat with reps from Tampa Downtown Partnership, HART, TBARTA, and Coast Bike Share

MARCH IS FLORIDA BIKE MONTH

- find ways to celebrate and learn about the BICYCLE FRIENDLY BUSINESS (SM) campaign.

Discover all the great ways to get to and around downtown including Pirate Water Taxi, Downtowner free electric car shuttles, Coast bikes, HART buses, Zipcar carshare program and more!

BOOKS ARE FUN! Quality Books at Discount Prices April 5th and 6th in the Lobby

Shop the Book Fair this spring and enjoy finding best sellers in sports books, cookbooks and just about any other theme book you might want. You will also find calendars, greeting card collections, popular toys for kids and adults, music accessories, and more! The Fair is open both days 9am to 4pm. Enjoy!

Monthly Drawing:

Participate in the monthly drawings held at the Concierge desk on the 15th of every month by placing your business card in the designated glass bowl.



Margaret Pacheco and Diana Gonzalez won two AMC Movie Passes in last month's drawing.



Jennifer Vazquez and Judy Cole won a dozen roses from Island Flowers last month.



Nicholas Przywojski and Dennis Wolfe

won a shoe shine from Charlie's Shoe Shine Stand.

Charlie's stand is located in the parking garage elevator lobby next to Gateway Newsstand. Charlie is available weekdays 9 am to 4 pm and may be reached by calling 270-3968.

HEALTHY KIDS DAY • APRIL 30, 9AM TO 1PM CURTIS HIXON WATERFRONT PARK

Come Join us for Y RUN! Y Run is a running group that meets at Ft. Brooke YMCA and runs along the water and through the city. The run ends at Holy Hog Barbecue with participants receiving discounted drinks and entertainment.

Take advantage of our Fit First program - If you join as a member at any of our locations, you are entitled to 2 free sessions of Personal Training to get you started on a safe and successful path.

The NEW AccuroFit program at the Ft. Brooke YMCA allows you to measure your Heart Rate by displaying live results on one of our TV Displays. It is also good for those who like to compete!

Don't forget Gentle Yoga every Tuesday and Thursday at 1:00pm at 100NT. It is not just for beginners, but it's a great way to begin.

Looking for something different to do? Visit the websites below to find out about new and exciting events to attend each month!

Florida Aquarium, Tampa (813) 273-4000 • www.flaquarium.net Glazers Children's Museum, Tampa

(813) 443-3861 • www.glazermuseum.org Lowry Park Zoo, Tampa (813) 935-8552 • www.lowryparkzoo.com

Hyde Park Village, Tampa (813) 251-3500 • www.hydeparkvillage.com

Ruth Eckerd Hall, Clearwater (727) 791-7400 • www.rutheckerdhall.com

Salvador Dalí Museum, St. Petersburg (727) 823-3467 • www.salvadordalimuseum.org

Amalie Arena, Tampa (813) 301-6500 • www.amaliearena.com

Tampa Convention Center, Tampa (813) 274-8511 • www.tampaconventioncenter.org

Tampa Museum of Art, Tampa (813) 274-8130 • www.tampamuseum.com

Florida Museum of Photographic Art, Tampa (813) 221-2222 • www.FMoPA.org

Tampa Theatre, Tampa (813) 274-8981 • www.tampatheatre.org

Straz Center for the Performing Arts (813) 229-7827 • www.strazcenter.org

Tampa Bay History Center, Tampa www.tampabayhistorycenter.org

